Hope 4 Hays County Veterans (H4H) is a nonemergency financial assistance program for veterans, dependents, and surviving spouses





H4H Cell: 512-781-8489 VSO Office: 512-392-7718



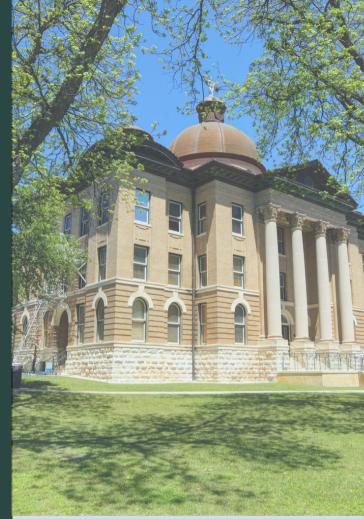
Hays County Historic Courthouse 111 E San Antonio St #200 San Marcos, TX 78666



amanda.torres@co.hays.tx.us veteranservices@co,hays.tx.us



Available by virtual or phone appointments only





HOPE 4 HAYS COUNTY VETERANS

> HAYS COUNTY VETERAN SERVICES OFFICE



## YOU WERE THERE FOR US WHEN WE NEEDED YOU, NOW LET US BE THERE FOR YOU

# WHAT WE DO

H4H may provide support with:

- Past due rent payments
- Past due mortgage payments
- Past due utilities payments
- Past due car payments
- Durable medical devices for dependents and surviving spouses, not available from the VA
- Funeral urns, American flag & medals of deceased veteran
- Car repairs (some restrictions apply)
- & more! please enquire for details

## HOW TO APPLY

Please email or text the H4H cell phone to get in contact with the Case Manager, Amanda Torres



# HELPFUL RESOURCES

#### MENTAL HEALTH

- Military Crisis line / National Suicide Prevention Life line
   Call 988
  - Military Crisis Line via Text: 838255
- Crisis Text Line
- Text "Hello" to 741741
- Veterans Crisis Chat:
   https://www.veteranscrisisline.net/get-help/chat
- National Alliance on Mental Illness:
   https://namicentraltx.org/crisis/
- Suicide Crisis Lines Around Texas:
- http://www.suicide.org/hotlines/texas-suicide-hotlines.html
  Trans Lifeline: (877) 565-8860
- The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564
- The GLBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743
- If you are not in crisis, but would like to begin mental health counseling, please call 512-782-5069 (Texas Military Department Counseling Program)

#### SEXUAL ASSULT

- DoD Safe Help Line (Survivors of Sexual Assault): 1-877-955-5247
- Sexual Assault Prevention and Response: 512-565-4410
- TMD Sexual Assault Support Line: 512-565-4410

#### DOMESTIC VIOLENCE

- National Domestic Violence Hotline: 800.799.SAFE (7233)
- www.211lifeline.org
- Text line 737-888-7233
- TDD/TTY: 800-787-3224
- Crisis Line: 855-812-1001 (Video Phone)
- Email: hotline.request@thehotline.org
- Website: www.thehotline.org
- SAFE Alliance: 512-267-SAFE (7233)
   www.safeaustin.org

### SUBSTANCE ABUSE

- SAMHSA National Hotline Addiction and Referral 800-662-4357
- Alcohol Hotline: 800-331-2900
- Drug and Alcohol Abuse Helpline: 888-506-069

### BASIC NEEDS

- Local Community Resources of All Kinds: 2-1-1 or (877) 541-7905
- Housing Stability Services
- https://br3t.org/
- Rental Assistance:
  - www.tdhca.state.tx.us/texans.htm
  - www.rentassistance.us
  - $\circ \ www.austintexas.gov/department/safety-net-resources$
- To Access Various Resources in Texas
  - www.211texas.org/
- Local Resources Across Texas:
  - https://hhs.texas.gov/services/mental-health-substanceuse/mental-health-crisis-services
- Toll-free Resources for a Variety of Concerns:
   www.pleaselive.org/hotlines/